

To reserve a place on:

How Different People View the World  
**An Introduction to the Enneagram**

On Saturday 23rd January 2010

Please return your completed booking form  
(overleaf) as soon as possible, to:

**Rachael Salmon**  
**The Mirfield Centre**  
**College of the Resurrection**  
Stocksbank Road  
Mirfield  
WF14 0BW

Tel: 01924 481920

Fax: 01924 481921

Email: [centre@mirfield.org.uk](mailto:centre@mirfield.org.uk)

*If you would like a receipt for your booking, please  
**enclose a stamped addressed envelope.***

*If you do not wish to request a receipt, you may  
assume you have been booked in for the event  
unless you hear otherwise.*

*Please feel free to photocopy this form as many  
times as you wish and distribute it to friends and  
colleagues.*

*We look forward to welcoming you to  
The Mirfield Centre.*

*The day will be led by:*

Rev Julian Perkins and Dr Anna Sutton



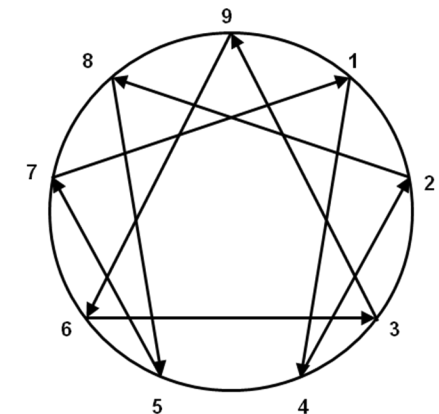
Julian is Vicar of Crosland Moor and Linthwaite, and Anna is a Senior Lecturer at Manchester Metropolitan University. They have run similar introductory workshops for teams and groups across the country and bring a wealth of experience with them.

Julian and Anna are both qualified Enneagram teachers in the narrative tradition, which uses people's own stories to help us understand the different worldviews. They believe strongly that the best way to understand the Enneagram is by hearing people use their own words to bring the model to life.

The Mirfield Centre



How Different People  
View the World:  
**An Introduction to the  
Enneagram**



**Saturday 23rd January 2010**

**10.00 am - 3.30 pm**

**The day will be led by:**

**Julian Perkins and Anna Sutton**

**Cost: £15.00**

(incl light lunch)

## About the day

The Enneagram, meaning nine-sided shape, is a model of personality that helps us explore and follow our own spiritual path. It describes nine different ways people view the world, each of which leads to a different strategy we use to gain the love we need. These strategies help us, but as we mature they also limit us.

The Enneagram helps us identify the motives for our patterns of behaviour and describes a spiritual path of transformation for each worldview so that we can become more fully the people God created us to be.

The workshop will include teaching and interactive activities to encourage self-reflection. Though other people can help us to identify where we may fit in the Enneagram model, ultimately only we can say with certainty what motivates our own actions.

People sometimes worry that models of personality put them in a box. Any well-designed model will not do this but rather help us understand the box that we have put ourselves in and how we can get out of it. Drawing on a variety of faith traditions and psychological theories, the Enneagram shows us how to build on our strengths and relax the constraints of our personality type. It also helps us to understand other people and how they view the world.

## Programme

9.45 am

**Arrival, welcome and refreshments**

10.00 am

**Introduction to the Enneagram and first explorations of the types**

10.30 am

**Explanation of each type in more detail, including video clips, pair and group discussion.  
(there will be a break for refreshments during this session)**

1.00 pm

**Lunch**

1.45 pm

**Activity to further explore own type**

3 pm

**Using the Enneagram for self-development**

3.30 pm

**Depart**

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### Contact:

Rachael Salmon  
The Mirfield Centre, College of the Resurrection,  
Stocksbank Road, Mirfield, WF14 0BW  
Tel: 01924 481920 Fax: 01924 481921  
Email: centre@mirfield.org.uk  
www.mirfieldcentre.org.uk

## Booking Form

Fee: £15.00

I wish to book  places on

How Different People View the World:  
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Saturday 23rd January 2010

and enclose a cheque for

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Name:.....  
(Mr/Mrs/Miss/Rev/Dr/other)

Address:.....

.....

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Special Diet?.....

I am a Reader in Wakefield Diocese

**Bookings cannot be accepted unless accompanied by payment.**  
Please make cheques payable to  
**The Mirfield Centre**