

Transforming Our Lives



Practical help on our spiritual journey

Were not our hearts burning within us while he talked with us on the road.

Luke 24:32

Two disciples were busy sharing with each other as they walked from Jerusalem to Emmaus, after all the events of the first Easter. They questioned, and puzzled. As they did so, Jesus joined them but they did not recognize him. He listened. He waited. Finally, he spoke!

Each one of us is on a 'journey'. As we travel along our busy road of life do we have the opportunity to share, to reflect and to question?

Part of 'Transforming Lives' is to help each one of us on our spiritual journey through life. It can be helpful to share our thoughts with others in a place where we can safely ask our own questions, such as:

- Has Jesus walked alongside me on my journey?
- Did I notice Jesus there for me?
- Has God tried to talk to me?
- Does God have a particular road he longs for me to walk along?
- How can I know?

You might like to discuss these, or any other questions you have, either with one other person or in a small group. Your church may be able to arrange this in the coming months, so speak to your Vicar if you might be interested in doing this.

You might find it helpful to use the following questions to think about yourself and God. They could also be discussed in a small group, if people wish.

When, where and how is God real for me?

At church?

Why do I go to church?

What do I like, or dislike, about church?

How is God most real to me at Church?

If I could change one thing about my church, what would it be?



At prayer?

What does praying mean for me?

How close do I feel to God when I pray?

When and how do I pray?

Could I try to pray in other ways, and who can guide me?

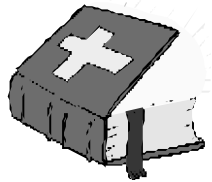


In the Bible?

What parts of the Bible 'speak' to me, and why?

What picture of God do I get from the Bible?

Do I read my Bible using daily notes; hearing it in church; reading it like a novel; studying it in a group or in some other way?



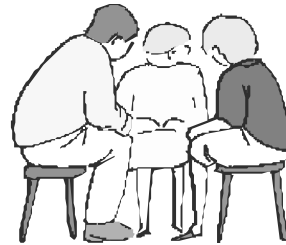
Out in the world?

How do I feel God with me in my day to day work?

Does knowing God affect how I behave towards other people?

Would I live life differently if I were not a Christian?

How does my church support me from Monday to Saturday?



Journeying with God:

When and where have I been very aware of God in my life?

Have I ever felt God has not been there for me?

Who has helped me, in what ways, to grow as a Christian?

Who might I turn to now for friendship and support as I continue my journey with God?