



What can we all do as individuals?

- Pray daily for the necessary 'conversion' in ourselves, our neighbours and our leaders to do all in our power to combat global warming.
- Buy 'green energy' from renewable sources.
- Cut out unnecessary use of cars and inessential air travel.
- Buy food grown or produced locally in order to reduce the distance that food is transported.

Cut down energy use at home: -

- Fit energy-saving light bulbs; turn off lights.
- Turn down the central heating thermostat by 1 degree C and set the hot water cylinder thermostat at 60 degrees C.
- Insulate hot water tanks and pipes.
- Shower rather than bathe.
- Close curtains at dusk to stop heat escaping through windows.
- Switch off TV and video rather than leaving them on stand-by.
- Use full loads in washing machines.
- Choose the right size pan for cooking food, keep lids on; don't overfill kettles.
- Cut down on draughts but keep enough ventilation. Wear an extra jumper!

Also:

- Ask your MP to press the government to deal more seriously with the issue and set a personal example by using sustainable transport.
- Encourage your local church to join the EcoCongregation scheme which helps communities to tackle issues such as climate change. EcoCongregation, ENCAMS, Elizabeth House, The Pier, Wigan WN3 4EX.
- Get your local church to include regular prayers on this issue.