

LENT STUDY RESOURCES

Recommendations from John Lawson, the Diocese of Wakefield Adult Education Advisor and available from the Mirfield Resource Centre .

Lent Course by Sharon Swain

This Lent course has been written with small parish groups in mind. It is based on six themes: Praise, Power, Help, Education, Justice and Hope. The course looks at the Book of Psalms to help Christians explore their faith in greater depth. This Lent Course is offered as part of the 150th anniversary celebrations of The Mission to Seafarers and each weekly theme is therefore linked to the work of the society.

The desert and the city by Ray Simpson

Ray Simpson's Lent group study offers us the opportunity to walk with Christ through his desert—not just the wilderness of Judaea, but also the city of Jerusalem,, where he was tried and tested ,and outside which he died. By walking with him we shall confront our own weaknesses and strengths, as well as his. Six sessions plus notes for leaders.

Journeying through Lent towards Easter by Joan Brown SND

This is a five week course suitable for group or personal use. It looks at the Lenten journey as one of personal and communal renewal; a journey after which nothing should be as it was before because after Lent we go forward renewed by the risen Christ. The 5 weeks cover: Reflection, Reading, Discussion, Personal reflection, Scripture reading, and Prayer.

The Family Friendly Churches Trust

This is a 5 week course designed to help a group examine their own place of worship. It asks whether the church is family friendly or not and how the issue can be addressed in the church's own context. It is unashamedly designed to lead a church into change and then to possible membership of the trust itself. The course is also linked to Mike Bossingham's Book 'Building Family Friendly Churches'.



Passing the Test by David Adam

A Lent course to discover our abilities and the God-given powers that are ours. Lent is a time for 'throwing off restrictions'. David Adam explains, 'Christianity is not restrictive, but life-giving. This book is designed to get us into training to reach out and to extend ourselves so that far from being hampered, we are able to live in the 'glorious freedom of the children of God' (Romans 8:21), and the abundance of life God wants for us' The course is in 6 sessions and is designed for group study or for individuals.

